



Season 2021

The animations

To participate, please register by email :
lesetangsdesaintpancras@gmail.com

Friday 25 JUNE: 14H30 - 17H (5 €)



Discover some edible plants and make a nettle pesto: from picking to making
(don't forget your boots and gloves)

10 people maximum

Saturday 3 July 12 H: Barbecue -

10 € EXCLUDING DRINKS

On registration before Thursday July 1st

Sunday 18 July: 14H30 - 17H (15 €)



Like in the Nordic countries, make your own natural paint
*This ochre, flour and linseed oil based paint is environmentally friendly and
protects the wood while allowing it to breathe.*

Come and learn how to make it in a practical workshop

15 people maximum on registration before July 16th

Sunday 1 August: 12 noon: Cambodian barbecue -

12 € EXCLUDING DRINKS

On registration before Thursday July 25th

Tuesday 10 August: 14H30 - 17H (10€)



Prepare and take home your own cosmetics

100% natural recipes (deodorant, soothing oil)

10 people maximum on registration before August 5th

Saturday 14 August: Fishing competition 9am - 5pm

Free registration from 9am

Two awards:

Whoever catches the most fish

Whoever catches the biggest fish

A photo competition and surprise aperitifs
throughout the season

As well as partners for your well-being

	<p>Shiatsu</p>
<p>Sonja & Frans Koks 5 rue de Regneville 70500 Bousseraucourt 06 38 56 56 72 www.legui.nl</p>	<p>Gilles Deloffre The hands of happiness 122 Les Granges d'Amalix, 70800 Bouligney 07 50 64 20 97 Shiatsu-vosges.com</p>